

# Help Your Pet. Help Yourself. Help the Community. Spay & Neuter.

This is an informational pamphlet about the importance of spaying or neutering your pet. The intention of the facts presented is to address common concerns about sterilizing your pet and the benefits to you and your pet that you gain from spaying and neutering.



Spaying and neutering is not only a benefit to you and your pet, it also benefits the community. There are approximately 7 puppies and kittens born for every person born in the United States, and many of these animals end up in shelters.

There are of thousands of pets in Michiana waiting to find their families. Please do your part and spay and neuter your pet. The intent of this pamphlet is guide you in your decision to spay or neuter your pet, resulting in benefits for you, your pet, and your community.

Students from the University of Notre Dame Animal Welfare Seminar have produced this pamphlet as an attempt to address the animal overpopulation issue in Michiana.

## Excuses?

"I've been meaning to, but I just can't seem to find the time".....

Don't make excuses for not neutering or spaying your pet, it is important enough to find time to do it.

Chasing after your pet every time he or she escapes hoping to mate takes time.

Caring for puppies or kittens is extremely time consuming and expensive.

Finding good homes for all of the puppies or kittens takes time and effort, and good homes are most often never found for all of them. They are also taking away good homes from animals who already need them.

**Sponsored by Saint Joseph County-Spay/Neuter Assistance Program, in alliance with Pet Refuge, Humane Society of St Joe County, and South Bend Animal Care and Control.**



### Resources:

[www.hsus.org](http://www.hsus.org), [www.aspc.org](http://www.aspc.org)  
[www.avma.org](http://www.avma.org), [www.spayusa.org](http://www.spayusa.org)



Does spaying or neutering  
your pet make your paws skitter?



*Here's everything you need to know to  
calm your fears and to help you make  
the decision to spay or neuter*

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PO Box 248 Notre Dame, IN 46556  
(574) 274-3874  
<http://sjc-snap.org/>